



Suggested Use: Take two capsules daily before bedtime with food.

Naturally, safely and gently provides support before, during and after menopause, since you begin to notice physical and psychological changes long before menopause\*.

> KEEP OUT OF REACH OF CHILDREN  
> DO NOT USE IF SAFELY SEAL IS BROKEN.

\* THESE STATEMENTS NOT BEEN EVALUATED THEFDA. THIS PRODUCT IS NOT INTENDED, TREAT , CURE OR PREVENT ANY DISEASE..

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Daily  
**WomenCare**

Naturally  
Helps Support  
Hormonal Balance\*

30 Daily Dose Capsules

MADE IN USA

### Supplement Facts

Serving Size: Two Capsule  
Amount Per Serving % Daily Value

Vitamin E	30 IU	100
Thiamine	2 mg	133
Riboflavin	2 mg	118
Niacin	20 mg	100
Vitamin B - 6	10 mg	500
Folate	400 mcg	100
Vitamin B-12	6 mcg	100
Calcium	150 mg	15
Selenium	70 mcg	100

Boron	1.5 mg	**
Purified Isoflavones	55 mg	**
Kava kava root		
Standardized extract	100 mg	**
Black cohosh root	40 mg	**

\*\* Daily Value not established.